

TOPIC

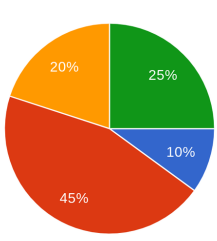
Food Costs and Food Access

TOPIC DESCRIPTION

The issue I am studying is the high cost of food. Students and families in Alexandria are affected because some struggle to afford groceries and healthy meals. High food prices can cause stress and make it harder for students to focus in school. This matters at ACHS and in Alexandria because students learn better when they have enough food

BASELINE DATA & GOAL

How often do food prices affect your family?
20 responses



my goal is for the 45% of people that sometimes get affected is make food afforable again

CYCP GOAL & STRATEGIC AREA

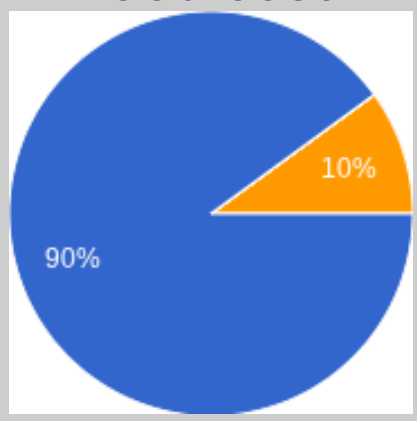
Goal: healthy Children, youth, and families.

This issue fits because students need healthy food to stay healthy, focus in school, and succeed.

WHAT IS HAPPENING RIGHT NOW?

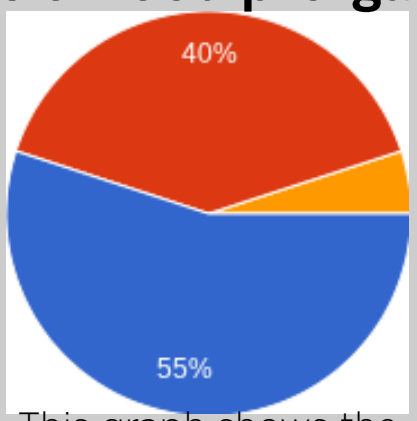
Discuss how ACPS/ACHS is currently doing in regard to your issue. This information should come from your survey,

Food cost

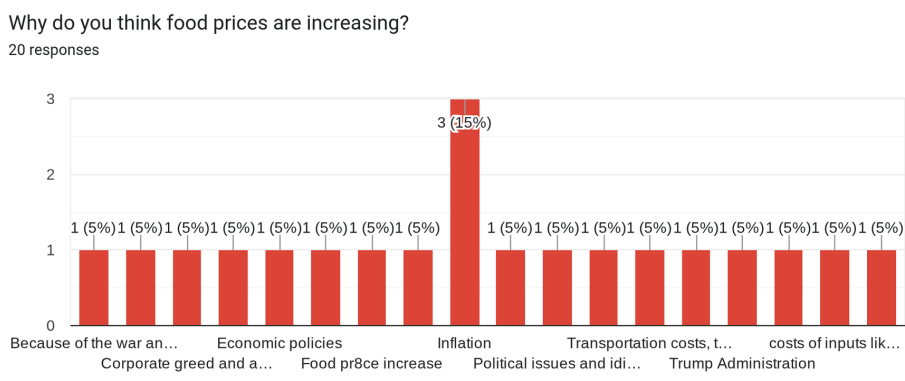


This graph shows the responses from students asking if food cost is too high in alexandria. This matters because this shows 90% of people said yes

Use of food prorgams



This graph shows the responses from students asking about if they ever used a food program. This is important because it shows how the majority of people have used the programs or food banks



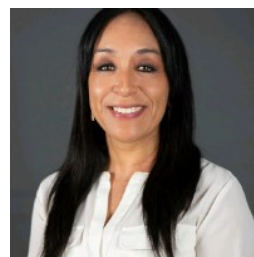
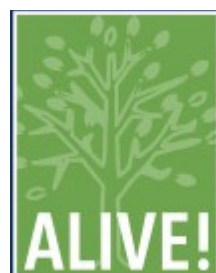
In this graph the question asked is Why do you think food prices are increasing? as you can see most of the people had said inflation. I believe this important because people are well aware in the problem and not clueless.

WHAT HAS ALREADY BEEN TRIED?

ACPS provides free breakfast and lunch for students. Alexandria and groups ALIVE help families through food programs, food drives, and food assistance.

WHO CAN HELP?

ALIVE can provide food donations, volunteers, and support food drives. REIS-Reilly can help spread info and support students and families in need



WHAT HAS BEEN DONE SO FAR?

Quantity: schools provide meals everyday, and community groups hold food programs and food drives,

Quality: The programs are helping many families, but food prices are still high, so some people still struggle to afford enough food

IS IT ACTUALLY HELPING?

I believe families are somewhat better off because free meals and food programs help many people. However, many families still struggle because food prices are still high

WHAT SHOULD CHANGE? (YOUR SOLUTION)

Alexandria City high school should create a free student pantry and organize more school food drives. In my survey I asked students and some teachers about food cost/food access and at least 45% of people have said sometimes they are affected by these prices. This would help students and families

WHAT WILL HAPPEN NEXT?

students and families who struggle with benefit. Students may be healthier, less stressed, and able to focus better in school

CITATIONS

Citations in APA format:

Prendergast, C. (2017). How Food Banks Use Markets to Feed the Poor. *The Journal of Economic Perspectives*, 31(4), 145-161.
<http://www.jstor.org/stable/44425385>

Lang, T. (2004). Food Industrialisation and Food Power: Implications for Food Governance. *International Institute for Environment and Development*.
<http://www.jstor.org/stable/resrep01812>

Murthy, V. H. (2016). Food Insecurity: A Public Health Issue. *Public Health Reports* (1974-), 131(5), 655-657.
<https://www.jstor.org/stable/26373997>

LEARN MORE

1. ALIVE- helps provide and support for families in alexandria
2. ACPS meal programs- gives students access to free breakfast and lunch